

# PrEP 101

Are you HIV-negative but at very high risk for HIV? Taken every day, PrEP can help keep you free from HIV.

## What Is PrEP?

- PrEP, or pre-exposure prophylaxis, is daily medicine that can reduce your chance of getting HIV.
- PrEP can stop HIV from taking hold and spreading throughout your body.
- Daily PrEP reduces the risk of getting HIV from sex by more than 90%. Among people who inject drugs, it reduces the risk by more than 70%.
- Your risk of getting HIV from sex can be even lower if you combine PrEP with condoms and other prevention methods.



## Is PrEP Right For You?

PrEP may benefit you if you are HIV-negative and **ANY** of the following apply to you.

### You are a gay/bisexual man and

- have an HIV-positive partner.
- have multiple partners, a partner with multiple partners, or a partner whose HIV status is unknown –and– you also
  - have anal sex without a condom, or
  - recently had a sexually transmitted disease (STD).



### You are a heterosexual and

- have an HIV-positive partner.
- have multiple partners, a partner with multiple partners, or a partner whose HIV status is unknown –and– you also
  - don't always use a condom for sex with people who inject drugs, or
  - don't always use a condom for sex with bisexual men.

### You inject drugs and

- share needles or equipment to inject drugs.
- recently went to a drug treatment program.
- are at risk for getting HIV from sex.

## Visit Your Doctor

- To find out if PrEP is right for you
- Every 3 months, if you take PrEP, for repeat HIV tests, prescription refills, and follow-up
- If you have any symptoms while taking PrEP that become severe or don't go away.



## How Can You Get Help To Pay For PrEP?

- Most private and state Medicaid plans cover PrEP. If you are on Medicaid, check with your benefits counselor.
- If you have health insurance, you may receive co-pay assistance from drug manufacturers or patient advocacy foundations.
- If you are without medical insurance, consider enrolling in an insurance marketplace, manufacturer patient assistance program, or your state's Medicaid plan, if you are eligible for it.
- Learn more about paying for PrEP at [www.cdc.gov/hiv/pdf/risk/prep/cdc-hiv-paying-for-prep.pdf](http://www.cdc.gov/hiv/pdf/risk/prep/cdc-hiv-paying-for-prep.pdf).

For more information please visit [www.cdc.gov/hiv](http://www.cdc.gov/hiv)